

## Indications

- > Weber fractures
- > Metatarsal bone fractures
- > Arthritis
- > The alternative to a fitted cast for immobilisation of the lower leg.

### Contraindication:

- > Open fractures

## Technical data

### 5 Sizes:

XS (up to 4), S (4.5 – 6.5), M (7 – 10), L (10.5 – 12), XL (12.5 plus)

- > available in knee-high and mid-calf versions
- > can be worn on the right or left leg

### Material:

Outer sole: TPR (Thermoplastic Resin)

Inner sole: EVA + Plastazote

Inner material: Polyester

Leg: PUR (Polyurethane)

## Cleaning instructions

To clean the shell and inner lining, please use lukewarm water (30° C possible) and mild soap if necessary. Wash the inside and dry immediately. Leave it in the open air to dry. Do not use a dryer with hot air.

## Caution

Please always follow these instructions for use. In case of adverse effects (e.g. skin swelling, pressure points, disorders of blood circulation etc.) please tell your doctor. The function and optimal protection are no longer guaranteed if the product is incorrectly used. This aid assists recovery and should be used exclusively under the instruction of and in consultation with your doctor or a healthcare professional. DARCO (Europe) GmbH does not assume any responsibility. It is advisable to wear dressings or socks with the shoe/walker. We recommend that you do not drive a vehicle while you are wearing this aid. Use extreme caution when climbing stairs (e.g. also stepping up onto curbs) and walking on uneven surfaces. Walk more slowly than usual. This aid is intended for single-patient use only.



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Made in China

# Body Armor<sup>®</sup> Walker II



190731



# DARCO

## Instructions for use

### Body Armor® Walker II

#### Lower leg walking cast replacement

1. Unlock all buckles and remove shin guard.
2. If off-loading for ulcers, fractures or other painful areas is desired, remove bottom insole and modify it as described below.
3. Spread open the shell and lower the foot with the heel first into the walker. A thick absorbent sock should be worn.
4. Place the shin guard into position and secure it under the edges of the walker shell.
5. Insert straps into the buckles and adjust them to the desired compression. Close the buckles to locked position.

#### Off-load site location

- > Mark the area with a transferable marker such as lipstick or ink.
- > Place the foot in the walker and stand to allow the mark to transfer to the top insole.
- > Use a straight pin (or similar object) to puncture through the centre of the transferred mark. Important is the piercing of both layers.
- > On the bottom of the lower insole, lightly mark the area to be removed, as described in the diagram.

#### Off-loading modifications (A)

After accurately having located the area to be off-loaded on the lower insole (see »off-load site location«), use a utility knife or drill to cut area directly under the relief site. It is important to skive the edges (approx. 30°) so that the opening away from the foot is slightly larger than the opening on the upper surface. The relief area should be approximately 5 mm larger than the outer edge of the area to be off-loaded and extend distally 12 mm (see diagram A). A hard, smooth-cutting surface (i. e. glass) is recommended for more accurate and safe cutting results. In case of any questions with regard to the product or how to attend to it please do not hesitate to call our product specialists or send us an E-Mail.

1.



2.



3.



4.



5.



A

